



WHAT CAN I DO WITH ITEMS I NO LONGER NEED OR WANT?

Families who have lost a loved one often find that they have items they no longer need or want. **Many times these items can be put to use to help others.** Here is a partial guide:

- **Medication:** Please don't flush or throw in the garbage!
 - All medications (prescription and non-prescription) can be brought to the Rockland County Sheriff's Office, 55 New Hempstead Road, 24-hours a day. (Sharps are not accepted at either facility) For more information call 845-638-5401.
- **Medical Equipment & Supplies:** (wheelchairs, walkers, diapers, etc.)

Durable (re-usable) equipment provided by UHR will be picked up by our vendor when no longer needed. UHR is not allowed to accept donations of used medical equipment and supplies, but other agencies will welcome your donation. We suggest you contact:

- Jawonio, New City: 708-2000 ext. 5375
- County Office of the Aging: 364-2120
- Bikur Cholim, Monsey: 425-7877
- People to People, West Nyack: 63-4900 ext. 213

Please keep in mind when cleaning out closets and homes, that **men's and women's clothing, kitchen supplies, books, costume jewelry, small appliances and other household items** can be turned into a tax-deductible donation to support the mission of United Hospice of Rockland. Bring your items to one of the following resale shops, which have agreed to return to UHR proceeds from the sale of items brought in by our family and friends. We suggest you call ahead for an appointment.

- 2 Annies, 70 Lafayette Ave., Suffern, 368-4512
- Budget Bazaar, 96 Maple Ave., New City, 634-8880
- Bargain Basket, 79 S. Liberty Dr., Stony Pt., 429-5380
- Designer Consigner, 302 Rt. 304, Nanuet, 507-0245

Please note: if you'd like to contribute, but find it difficult to bring your loved one's items to a re-sale shop yourself, our volunteer Evelyn R. will make the arrangements for you. Call UHR at 634-4974 or email Evelyn at evelynr3@verizon.net.