

## **Functional Assessment Staging (FAST)**

### Stages

1. No difficulties
2. Subjective forgetfulness
3. Decreased job functioning and organizational capacity
4. Difficulty with complex tasks, instrumental ADLs
5. Requires supervision with ADLs
6. Impaired ADLs, with incontinence
7.
  - A. Ability to speak limited to six words
  - B. Ability to speak limited to single word
  - C. Loss of ambulation
  - D. Inability to sit
  - E. Inability to smile
  - F. Inability to hold head up